

For Immediate Release

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## Fairfield Senior Center to attend theater productions

**Fairfield, California (Wednesday, June 13, 2012)**—Dr. Lisa F. Berkman from Harvard University says seniors with strong social ties tend to live longer. One way to continue to thrive as we age is to stay socially connected. The Fairfield Senior Center has many opportunities to stay socially connected. One such program includes day trips.

The Community Resources Department for the City of Fairfield has a limited number of tickets available for two theater productions in Sacramento. On Saturday, September 1, the center will attend "Crazy for You" at the Sacramento Music Circus. The deadline to sign up is Thursday, July 26.

On Saturday, October 27, the center will attend "I Love You, You're Perfect, Now Change" at the Cosmopolitan Cabaret. The deadline to sign up is Wednesday, September 26.

The groups will enjoy lunch at their own expense prior to each performance. The cost of tickets and the departure times vary. All reservations are first come, first served and tickets are limited.

For more information on day trips, as well as the Fairfield Senior Center, call the front desk at 707-428-7421 or contact Jane Kibbey at jkibbey@fairfield.ca.gov.

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## **About the City of Fairfield Community Resources Department**

The Community Resources Department's mission is to shape our community's future by offering an array of programs and services that meet the needs of Fairfield residents. The department strives to provide resources for all aspects of daily life. Community Resources operates affordable housing programs, recreational classes, neighborhood improvement programs, senior services, sports and aquatics programs, and youth activities. The department manages the Aquatics Complex at Allan Witt Park, Sports Center, Fairfield Center for Creative Arts, Fairfield Community Center, Fairfield Senior Center, neighborhood centers, and sports fields.